



**Their bodies change. So should their milk.**



**FAT  
FREE  
OR  
1%**

**FOR  
EVERY  
BODY  
TWO  
AND  
OVER**

As their bodies grow, they still need the nutrients of milk, just not the extra fat of whole and 2% milk. Serving children two and over 1% or fat-free milk will give them the same calcium with less fat. It's the milk they'll never outgrow.

**Same nutrients. Less fat.**